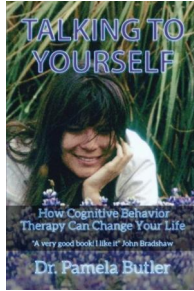


Talking to Yourself: How Cognitive Behavior Therapy Can Change Your Life. (Paperback)



Book Review

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