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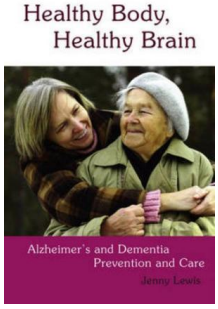

Floris Books. Paperback. Book Condition: new. BRAND NEW, Healthy Body, Healthy Brain: Alzheimer's and Dementia Prevention and Care, Jenny Lewis, This practical book is the result of Jenny Lewis' research and experience as a carer for her mother, who has suffered from senile dementia for fifteen years. Despite her mother's continually worsening condition, Jenny has always fostered an attitude of hope, and a determination to improve her mother's quality of life. In this book, she shares her advice. Jenny speaks...

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