



Honest Good Food: Bold Flavours, Hearty Eats (Hardback)

By Benny Se Teo

Marshall Cavendish International (Asia) Pte Ltd, Singapore, 2017. Hardback. Condition: New. Language: English . Brand New Book. Chef Benny Se Teo is the creative force behind a highly successful chain of restaurants, known not just for its hearty, no-nonsense good food, but also for its continuing efforts to help ex-offenders and youths at risk. Himself an ex-offender, Chef Benny's inspirational life story is now the backdrop of his first cookbook, Honest Good Food, where he brings together a collection of comfort food recipes, inspired by his childhood memories and personal experiences, and most notably his internship at Jamie Oliver's Fifteen in London. With punchy quotes, personal anecdotes and cooking tips, Honest Good Food provides an insight into what drives this plain-speaking chef, his culinary secrets, and what some of his favourite dishes are. As Chef Benny says, cooking, like life, becomes better through trial and error. If the experiment fails, just try again!.



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