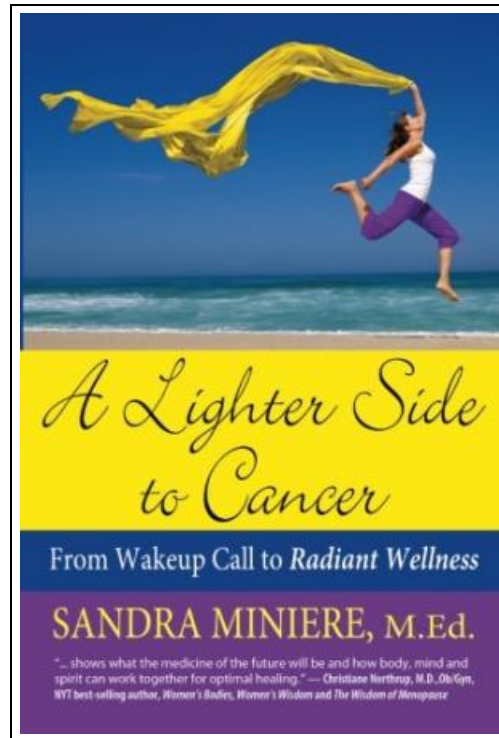


## A Lighter Side to Cancer: From Wake-Up Call to Radiant Wellness (Paperback)



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## A LIGHTER SIDE TO CANCER: FROM WAKE-UP CALL TO RADIANT WELLNESS (PAPERBACK)



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Integrative Wellness Expert, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A Lighter Side to Cancer shares Sandra Miniere s uplifting story and offers life-saving information about how to treat and prevent cancer using an integrative approach--body, mind, spirit and environment. Twenty-seven authors and doctors share valuable information about the approaches she used to heal her body, mend her ways and change her life. The book includes stories by 12 cancer patients who participated in their own healing and accomplished successful results. A Lighter Side to Cancer is an enjoyable read and a call to action-a time to think and do outside the box. It is a book of possibilities and hope. In sharing her journey, Sandra inspires people to embrace their healing as they explore integrative treatment options, make informed decisions and remain open to divine intervention. In 2000, three months after moving to California from New Jersey, Sandra was diagnosed with breast cancer. As an experienced holistic, body-centered counselor, she did not think this could happen to her because she was doing everything right. Sandra draws the reader into her unique, uplifting and courageous adventure through the first two years of healing from cancer and starting a new life in California. The account of her adventure is filled with humor, tears and golden insights. Instead of following the pack after her diagnosis, Sandra grasped the opportunity and created a four-phase healing plan. She used the best of conventional and alternative medicine to treat her cancer. The power of attraction, synchronicity and grace guided her steps toward wellness. The miraculous showed up on her path to healing as she took action and made changes on many levels. Sandra points the reader toward integrative treatment approaches that focus on boosting the immune...



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