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Words of a Journey: My Thoughts on Life and Living (Paperback)

By Kaitlyn Kashman

Loving Healing Press, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.A book by a teenager for teenagers! Words of a Journey is a book for anyone who wants to take a closer look at life s meaning and their experiences. Seventeen-year old Kaitlyn Kashman has designed this book to provide thought-stimulation on various issues and feelings that young adults explore. The book is a potpourri of poetry, with introspective, inspirational questions and observations to stimulate thought in readers so they can come to a clearer understanding of their own feelings and desires. Topics for deeper introspection run the vast range of emotions and situations young adults experience to help readers analyze and clarify their own relationships: Understanding unrequited love leads to analysis between what is a want vs. a need. The difficulties of first love, learning about oneself, seeking the thrill of love, and knowing when it is best to end. Discovering that one cannot change for another person. Learning that sometimes we love our own fictional version of a person. Nourishing a budding sense of new identity. Finding the boundaries between two people, accepting and embracing ourselves. An important book...



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