

The Heart Sutra: Chinese Worksheets for Meditation and Memorization

By Stephanie Yung

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. The Heart Sutra Chinese Worksheets for Meditation and Memorization The purpose of this book is to practice meditating and memorizing the Heart Sutra in Chinese using Chinese worksheets. The Chinese worksheets are in Traditional Chinese and have Pinyin. The book contains 5 practice sets of the Heart Sutra. Each set has 2 focuses - one on memorizing and another on writing. May this merit benefit all sentient beings. May all beings be well, and may they all attain perfect peace.





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