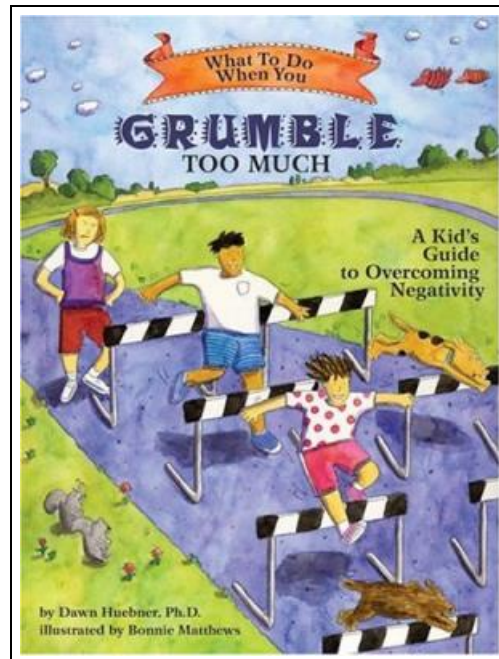


What to Do When You Grumble Too Much A Kids Guide to Overcoming Negativity What to Do Guides for Kids



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Reviews

Very beneficial to any or all group of folks. I was able to comprehend everything using this composed e book. I am pleased to inform you that here is the finest publication i have study inside my individual daily life and might be he very best pdf for actually.
(Brielle Hilpert)

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Magination Pr. Paperback. Condition: New. Bonnie Matthews (illustrator). 88 pages. Dimensions: 10.8in. x 8.3in. x 0.5in. What to Do When You Grumble Too Much is an interactive self-help book that guides 6- to 12-year-old children and their parents through the cognitive-behavioral techniques used to treat negative thinking. Lively metaphors and illustrations make difficult concepts easy to understand, while step-by-step instructions and drawing and writing activities help children master skills that foster a happier, more positive outlook. Engaging and easy to follow, this What to Do guidebook empowers children to work toward change. It includes a note to parents and caregivers by psychologist and author, Dawn Huebner, Ph. D. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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