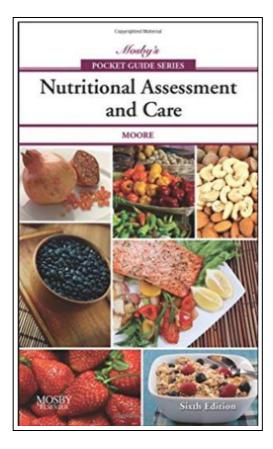
## Mosby s Pocket Guide to Nutritional Assessment and Care (Paperback)



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### Reviews

Undoubtedly, this is the greatest job by any author. It is actually filled with wisdom and knowledge I am quickly could get a pleasure of reading a written book.

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Elsevier - Health Sciences Division, United States, 2008. Paperback. Condition: New. 6th Revised edition. Language: English . Brand New Book. Perform thorough nutrition assessments and interventions with the help of this concise yet comprehensive resource. Whether you re a clinical practitioner or a student, you ll benefit from a focus on the health effects of overweight and obesity and an overview of cultural impacts on nutrition. The new edition incorporates the Dietary Guidelines for Americans, 2005 and the MyPyramid plan for diet and lifestyle planning. The Nutrition Care Process concept gives you even more tools to provide better nutrition assessment and care. From drug-nutrient interactions to the latest American Heart Association recommendations, you ll always have the most current and relevant nutrition information within reach. Incorporates nutrition assessment into almost every chapter, emphasizing performance of a complete nutrition assessment as a basis for planning nutrition interventions and teaching. Covers both enteral and parenteral nutrition support. Highlights the importance of weight control and physical activity for the prevention and care of diabetes and other health problems. Cultural and ethnic nutrition information helps you understand food preferences of diverse populations to aid in planning interventions that will better suit clients needs. Appendixes available on Evolve provide valuable resources for nutrition intervention, referral, and teaching. The glossary gives you clear definitions of words in an easily accessible reference. MyPyramid and MyPyramid for Kids simplify diet and lifestyle planning for all age groups. NEW assessment tool MEDFICTS (Meat, Eggs, Dairy, Fried foods, In baked goods, Convenience foods, Table fats, Snacks) helps evaluate an individual s diet. MORE information on limiting sodium intake to fight hypertension and ischemic heart disease. EXPANDED content on the liver, particularly related to hepatitis. NEW table lists medications that can impair control of gl

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