



Fundamentals in Nutrition Health

By Mukasa Aziz Hawards

GRIN Verlag Okt 2013, 2013. Taschenbuch. Book Condition: Neu. 211x146x7 mm. This item is printed on demand - Print on Demand Neuware - Skript aus dem Jahr 2007 im Fachbereich Ernährungswissenschaft / Ökotrophologie, Atlantic International University, Sprache: Deutsch, Abstract: Nutrition and health are coherent when it comes to maintaining or supporting the living human systems (Lindahl 1940). The health related complications in humans if we are to consider proximate estimations arising from different clinical analyses show a shocking percentage of about 80% of these arising from matters to do with nutrition. Though our study in nutrition and health is not mainly based on this shocking trend it is an international aim to pursue health and if the methods undertaken are to be realistic then there is a crucial need to extend our observations and strategies towards the nutrition factors that are characteristic to all human societies. The further shocking issue in the global nutrition trend is the serious attention towards nutrition in the old aged, infants and nursing mothers than in the youth and the ages between 25 to 50 years. As the study will show from the various world surveys, that these are not the only nutrition issues causing tension but...

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