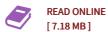




Spirals of Consciousness: Cracking the Cosmic Code of Depression (Paperback)

By Mary Ballard

Createspace, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Following her own out-of-body experience, the author found that all feelings of depression and a history of sleepless nights had been left behind. Her book, Spirals of Consciousness: Cracking the Cosmic Code of Depression, won New Zealand s Ashton Wylie Charitable Trust Unpublished Manuscript Award in 2011. This is a hypothetical exploration of our connections with the universe, with a focus on positive attitude and spiritual development -- not a book about religion. It is a MUST READ for those involved in the mental health field, and for those who suffer from depression or know someone who does. Depressed people talk about being in a bad space, a black hole, or spinning out. Ballard touches on the new awareness of quantum theory and our connectedness with all things. Because we are an integral part of the universe, the more we can learn about it, the more we come to know ourselves.



Reviews

A new e book with a brand new standpoint. I am quite late in start reading this one, but better then never. I discovered this ebook from my i and dad advised this publication to understand.

-- Jada Franecki II

Here is the very best book i have got read through until now. I could possibly comprehended everything using this composed e publication. You will not sense monotony at whenever you want of your time (that's what catalogues are for concerning should you ask me).

-- Izaiah Schowalter

Other Books



Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep

it?

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 211 x 101 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read Write Inc. Set 1 and 2 sounds....



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English. Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



Plentyofpickles.com

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Interested in taking a peek into the world of internet dating? Then order a copy of this adult non-fictional book...



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Right Kind of Pride, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book *****
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Prevent-Teach-Reinforce for Young Children: The Early Childhood Model of Individualized Positive Behavior

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History of the Town of Sutton Massachusetts from 1704 to

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. This version of the History of the Town of Sutton Massachusetts from 1704 to 1876 is a labor...