# Pumpkin Seed Cookbook: Recipes for Pepitas and Pumpkin Seeds (Paperback)



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(Miss Dakota Zulauf)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*.Pumpkin seeds, what the Mexicans call pepitas, are a tasty snack That everyone loves during Halloween. Who hasn t carved a pumpkin during Halloween, scooped out all the fragrant pumpkin seeds while carving your jack o lantern and then wondered what to do with all the seeds? It seems a shame to just throw them away! But did you know that pumpkin seeds can be roasted with a wide variety of flavors way beyond just simple salt and pepper. There are numerous flavors that can be added to pumpkin seeds. In addition, they can be used in trail mixes, cookie bars and ground down to make hummus. Here is an entire cookbook of pumpkin seed recipes for you to try. So next Halloween when you are carving the pumpkin and wondering what to do with the seeds, don t throw them away. Use this cookbook with one of its many creative pumpkin seed recipes and enjoy! Recipes Include: Spiced Pumpkin Seeds Toasted Pumpkin Seeds Cajun Spiced Roasted Pumpkin Seeds Spiced Maple Pumpkin Seeds Sweet Spicy Pumpkin Seeds Sweet Pumpkin Seeds Honey Pumpkin Seeds Teriyaki Cajun Pumpkin Seeds Cinnamon-Sugar Roasted Pumpkin Seeds Mocha Pumpkin Seeds Ranch Pumpkin Seeds Buffalo Ranch Pumpkin Seeds Pizza Pumpkin Seeds Dill Pickle Pumpkin Seeds Salt Pepper Pumpkin Seeds Ranch Pumpkin Seeds Buffalo Ranch Pumpkin Seeds Pizza Pumpkin Seeds Dill Pickle Pumpkin Seeds Salt Pepper Pumpkin Seeds Togarashi Spiced Pumpkin Seeds Barbecue Pumpkin Seeds Pumpkin Pie Spiced Pumpkin Seeds Cinnamon Maple Pumpkin Seeds Traditional Pumpkin Seeds Pumpkin Pie Spice Pumpkin Seeds Vanilla Nutmeg...



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