Kinesiology - Elsevier eBook on Vitalsource (Retail Access Card): The Skeletal System and Muscle Function

By Dr Joseph E Muscolino

Mosby, United States, 2010. Online resource. Book Condition: New. 2nd. 222 x 146 mm. Language: English . Brand New Book. This is a Pageburst digital textbook; See the body s bones, joints, and muscles in action! Highly visual and in full color, Kinesiology: The Skeletal System and Muscle Function makes it easy to understand kinesiology concepts and how they would be applied to the treatment of dysfunction. It contains over 1,200 illustrations, including a bone atlas that shows every bone in the human body and six chapters with detailed, illustrated coverage of joints. Written by noted educator and author Joseph E. Muscolino, this book clearly depicts how muscles function as movers, antagonists, and stabilizers. This edition expands its reach to athletic training with two new chapters on stretching and strengthening exercises. A companion DVD includes video clips with over 60 minutes of footage demonstrating all the major joint actions of the human body. Companion DVD includes over one hour of video demonstrating all the major joint actions of the human body, with a voiceover explanation of the names of the motions, the planes in which motion occurs, and the axes around which motion occurs.Unique! A focus on the needs of...

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