



How to Make Natural Bath Teas

By Dr Miriam Kinai

Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How to Make Natural Bath Teas teaches you how to make homemade, handmade, healing bath teas. How to Make Natural Bath Teas also teaches you the best essential oils and herbs to use to make bath teas for mature and dry skin types as well as to help manage eczema, psoriasis, menopausal symptoms, pre-menstrual tension (PMS), painful periods, arthritis, stress, sadness or depression, mental exhaustion, and insomnia or sleeplessness.



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