



## Adult Coloring Journal: Al-Anon (Floral Illustrations, Purple Bubbles) (Paperback)

By Courtney Wegner

Adult Coloring Journal Press, United States, 2016. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include: - 80 lightly-lined writing pages provide plenty room to capture your thoughts - 40 expression pages for jotting down personal reflections, quotes, poems or sketches - 40 professionally illustrated adult coloring images of varying difficulty - High quality 70# paper Each topic is available in different coloring image themes and a wide array of beautiful covers.



## Reviews

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-- Devante Schmitt

Complete guideline! Its this sort of excellent read. I could comprehended every little thing out of this written e publication. Its been designed in an remarkably easy way and it is only right after i finished reading this publication by which really transformed me, affect the way i think.

-- Prof. Shanie Schinner Sr.

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