



### Developmental Coaching: A Personal Development Programme for Executives, Professionals and Coaches

By Martin Shervington, John Seymour

MX Publishing. Paperback. Book Condition: new. BRAND NEW, Developmental Coaching: A Personal Development Programme for Executives, Professionals and Coaches, Martin Shervington, John Seymour, Modern life demands a more complex way of thinking and being. 'Developmental Coaching' is a transformative programme designed to enable true shifts in consciousness in executives, professionals and coaches. It has already been delivered to hundreds of people across the globe with stunning affects. It really works to meet the demands of modern life. Created as an edu-coaching programme the reader (as with a real life coachee) is taken through fundamental psychological models, whilst applying them to their own personal circumstances. Through seven sessions they build a framework for operating in the modern world. There is an Integral Psychology throughout. Structured around the work of Wilber, Kegan and Vaillant this seven step process gently leads an individual to appreciating levels of consciousness, lines of developmental, adaptations and domains of existence. With the key being 'points of application' the reader is enabled to relate to the theory in a very grounded way. The result will be a dramatic improvement in competence as well as a potential leap in consciousness.



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