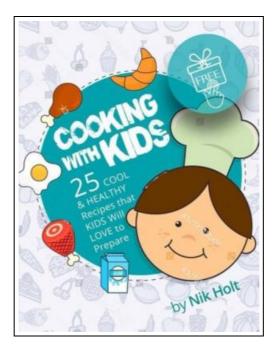
Cooking with Kids: 25 Cool and Healthy Recipes That Kids Will Love to Prepare (Paperback)



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(Mr. Deangelo Considine)

COOKING WITH KIDS: 25 COOL AND HEALTHY RECIPES THAT KIDS WILL LOVE TO PREPARE (PAPERBACK)



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On Demand Publishing, LLC-Create Space, 2017. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand ******. When you tell people that you teach your 2-year-old kid to cook, they will look at you like you have three heads. For many parents, just involving their kids into the cooking picture, might be so exciting and a nice time investment. This time invested from cooking with your kid and it s compelling when looking on the short-term and long-term benefits. Your kids will be more likely to eat what they cook and become more adventurous in trying and tasting new things. When they reach the age of 8, they will be able to make simple meals such as scrambled eggs, and even more complicated dishes. Learning these essential life skills of cooking means that child will be able to cook for yourself in college and even his own family. The main reason we love to introduce kids to cook is that it s possible to teach every single kid, no matter of age, and that there s no need of any academic skills in this process. Cooking it s a nice activity that you can split in dozens of tasks; each kid can take the requested challenges. If you are new in teaching kids of how to cook, show them the task and then let them do it on their own manner, and help them just only when you see they are struggling. Each kid is defined by its maturity and dexterity, and after a few cooking sessions together, you will have your own in-house sous chefs. Most toddlers love helping you out in the kitchen and can learn new tasks quickly. This group of kids, however, needs a very close adult supervision, a lot of space and...



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