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KETO DIET FOR BEGINNERS: KETO FOR BEGINNERS, KETO DESSERT RECIPES (KETOSIS)



CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 262 pages. Dimensions: 8.0in. x 5.0in. x 0.6in. This bundle contains 2 BOOKS: - KETO FOR BEGINNERS: the 1 complete guide to Ketosis and Ketogenic Diet (with complete Keto meal plan included and examples of recipes with nutritional facts) and -KETO DESSERTS: a year of sweet treats for ketogenic and low carb diets (with nutritional facts, macros and net carb calculation) BOOK 1: KETO FOR BEGINNERS Is it...

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- Authored by Cameron Walker
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