



The Jewish Gardening Cookbook: Growing Plants Cooking for Holidays Festivals (Hardback)

By Author Michael Brown

Jewish Lights Publishing, 1998. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A down-to-earth approach to spirituality that links your garden with biblical tradition. Perhaps you're asking, What is a Jewish garden? Though it is essentially a collection of plants, it's really more than that. You don't just grow plants in a Jewish garden; you incorporate them into your life. Some will help transport you to different times and places; others will provide your senses with aromas, tastes, and beauty. All will help you experience a more personal attachment to God and to Judaism. --from the Introduction This guide shows how your gardening can sustain your spirit in new ways, whether you grow one fig tree on an apartment terrace, or five acres of wheat in the country. It may also help you realize, as never before, that for each fruit and vegetable associated with every holiday, there is a profound and sustaining reason. To ancient Jews, figs symbolized prosperity, grapes signified fertility, and olives represented the renewal of life. Barley was the chief cooking staple, and dates were a honey substitute. The Jewish Gardening Cookbook gives clear and easy-to-follow...



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