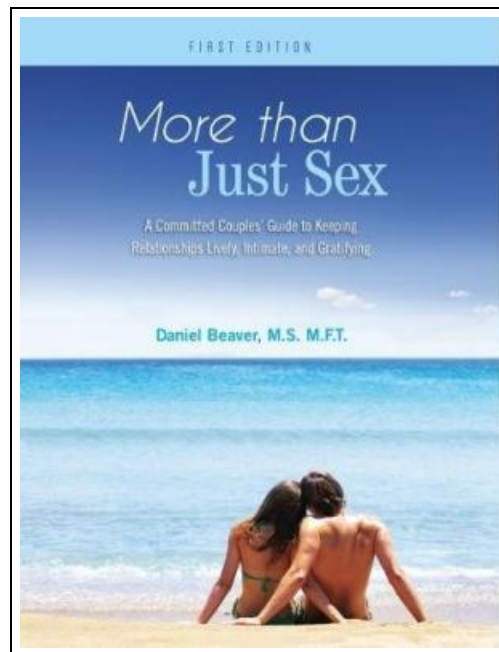


More Than Just Sex: A Committed Couples Guide to Keeping Relationships Lively, Intimate, and Gratifying (Paperback)



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Reviews

It is great and fantastic. I actually have read and so i am certain that i am going to going to go through once again yet again in the future. I realized this ebook from my dad and i encouraged this book to find out.
(Dr. Kayden Gerlach)

MORE THAN JUST SEX: A COMMITTED COUPLES GUIDE TO KEEPING RELATIONSHIPS LIVELY, INTIMATE, AND GRATIFYING (PAPERBACK)



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Cognella Academic Publishing, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. More than Just Sex: A Committed Couples Guide to Keeping Relationships Lively, Intimate, and Gratifying addresses the psychological concepts and beliefs that foster sexual pleasure, and those that inhibit it. The book is an antidote to today's graphic, readily available sexual imagery which lacks the necessary context for teaching what it means to be sexually involved with another human being. Rather, it emphasizes that human sexuality involves more than just sex--it involves true sexual intimacy. The book is based on the premise that while we may be educated about the biology of sex, few are taught how to maintain a long-term, fulfilling sexual relationship. More than Just Sex teaches that sexual intimacy is not necessarily natural or instinctive, but learned. Topics include: All the psychological and sociological influences that shaped an individual's sexual behavior and attitudes today. A psychological look at human sexual anatomy and physiology from the point of view on how to experience greater sexual pleasure. Who is responsible for what happens sexually between a couple? How being sexually goal oriented turns an experience that is supposed to be fun and pleasurable into an exhausting task or job. An examination of the specific psychological traps that interfere with our experience of sexual pleasure. A discussion of the psychological issues related to the subject of sexual initiation within a committed relationship. More than Just Sex is written in a style that students will be able to relate to on a personal and practical level. More than Just Sex doesn't address the same old birds and bees discussion of sexual reproduction that students have heard in high school and from their parents. This book covers the material that they...



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