

# Prevention of the Disease of Aging

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# Reviews

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### PREVENTION OF THE DISEASE OF AGING



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Xulon Press, United States, 2007. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. PREVENTION OF THE DISEASE OF AGING: Prevention and Treatment of Disease with Vitamins, Minerals, and Amino Acids This book is Part I of a series which discusses how vitamins, minerals, and amino acids improve health and prevent disease. This book discusses very common diseases which are at epidemic proportions including heart disease, high blood pressure, high cholesterol, type 2 diabetes, chronic fatigue syndrome, depression, anxiety, osteoporosis, arthritis, Alzheimer s disease, macular degeneration, attention deficit disorder, insomnia, menopausal symptoms, acne, and hypothyroidism. Dr. Blanchette documents the serious risks of prescription drugs and offers the natural ways to treat disease with vitamins, minerals, and amino acids can prevent and cure disease. This book documents research studies which show how these nutrients can prevent and treat disease without the need for prescription drugs and endless doctor visits. This book outlines common diseases of aging and Dr. Blanchette discusses specific treatment plans for these particular diseases. Dr. Katherine Blanchette is a medical physician who specializes in Physical Medicine and Rehabilitation. She graduated from University of Houston with a Bachelor of Science degree in Biology, attended medical school at the University of Texas Health Sciences Center in Houston, and completed an internship in family medicine at Memorial Medical Center in Corpus Christi, Texas. Dr. Blanchette completed a residency in Physical Medicine and Rehabilitation at Baylor University Medical Center in Dallas, Texas. She wrote a newspaper column on Sports Medicine for the Dallas Morning News from 1986 to 1991 which also appeared on the Knight Ridder Wire Service.

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