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STOICISM: HOW TO MAKE YOUR EMOTIONS STRONGER THAN STONE (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Today s culture teaches us the importance of mental toughness, emotional resilience, and overall grit. The ability to persevere in the midst of challenging circumstances can mean the difference between a person being successful in life and living a life full of pain and struggle. Regardless of how talented, intelligent, socially well-adjusted and capable someone is, he or she is powerless...

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- Authored by Alfred Corea
- Released at 2017



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