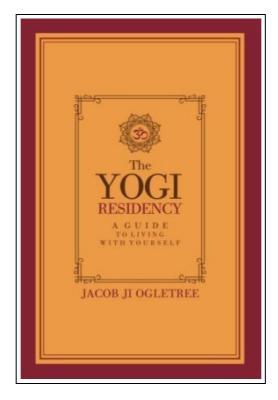
# The Yogi Residency: A Guide to Living with Yourself (Paperback)



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## Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

(Cheyanne Barrows)

## THE YOGI RESIDENCY: A GUIDE TO LIVING WITH YOURSELF (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. Open this jewel to get a never before seen experience and insights on the Yogic Path! In the Yogi Residency, Jacob Ji recalls his Journey throughout his Yogi Residency, where his dedication to the lifetime path of Yoga begins. After getting fired from a job, Jacob Ji is confronted with the fact that he may not be able to complete his yoga teacher training. That is until the head of his training, Cal suggests a yogi residency. The purpose of the yogi residency is to separate oneself from capitalism temporarily and to be fully immersed in an inquiry. In order to dream Jacob Ji seeks out ten sponsors to contribute X amount per month: just enough to cover his bare living expenses. During the six months of the yogi residency, Jacob Ji s studies include neuroscience, nutrition, anatomy, conservation, sustainability, and lots and lots of Yoga! He also gets involved in the community, participating in the farmer s market, activism, and completing his yoga teacher training. Take a sneak peak into the magic of Yoga and be inspired by this unlikely tale. With all the stress of daily life and the need for money it can seem difficult to dedicate time and focus on the things we really care about. The Yogi Residency is exploding gracefully with knowledge gained from this unique experiment that made all the difference and will leave the reader full of wonder and is written proof that you are not bound by your circumstances or routine. In fact, nothing can bind us once we surrender fully and become aligned with our purpose. Om shanti shanti.



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