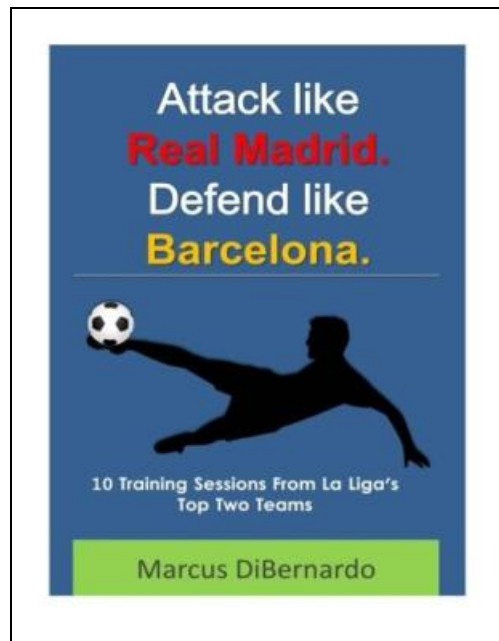


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Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The 10 for 10 Soccer Coaching Series is simply 10 Soccer Coaching topics combined with 10 training exercises for each topic. This series like all my books is written in a simple and clear way. The objective is to provide coaches with high quality information and exercises that can be used directly on the training ground and applied to the 11 v 11 game. Attack Like Real Madrid. Defend Like Barcelona. Is a compilation of training exercises variations used by the clubs to develop their style of soccer. Real Madrid possesses one of the most lethal counter-attacks in the modern game; while Barcelona possesses excellent team pressing when possession is lost. I am confident you will find great value in all the exercises. Your team will improve their counter-attacking ability, defensive pressing and zonal pressing by using these exercises. All the exercises in this 10 for 10 guide are designed for full team participation -11v11 or 10v10.



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