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le terroir à toutes les sauces - un roman philosophique et gourmand avec 100 recettes d'Alsace

By This, Herve - Perret, Roland

PLACE DES VICTOIRES, 2017. Paperback. Condition: NEUF. Ah, la cuisine de terroir ! Son "authenticité", ses racines, ses adorateurs vigilants ! Mais qu'est-ce que le terroir, la cuisine de terroir ? Derrière le marketing, quelle réalité aujourd'hui, à l'heure de l'industrialisation et de la mondialisation des productions agro-alimentaires ? Hervé This, scientifique de renommée internationale et cordon bleu curieux de toutes les gastronomies locales, lève le rideau sur le petit théâtre des passions culinaires françaises dans ce roman plein de finesse, célébration des plaisirs partagés de la table. Des gourmets débattent avec fièvre et humour, des mille et une variantes de leurs plats préférés. "La cuisine, c'est d'abord du lien social, ensuite de l'art, et seulement après de la technique", dit notre chimiste-romancier. Et il nous invite à des travaux pratiques gourmands avec 100 recettes de sa région d'origine, l'Alsace : ses recettes à lui, d'aujourd'hui, qui réinventent celles d'antan. Dans ses recettes, il leur rappelle les bases, présente des variantes et des trucs (avez-vous déjà fait cuire un poulet dans un lave-vaisselle. ?), dévoile des tours de main et les mystères de la technique, mais incite chacun à expérimenter, à personnaliser. Les recettes, proclame notre enchanteur, ne...



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