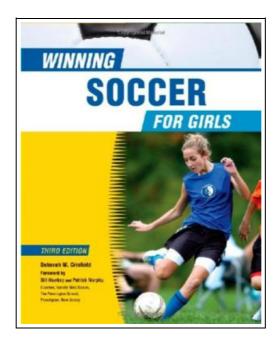
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# Reviews

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Chelsea House Publishers, United States, 2009. Hardback. Condition: New. Third Edition. Language: English. Brand New Book. Winning Soccer for Girls, Third Edition offers an indispensable guide to the detailed mechanics of this high-velocity sport, perfect for girls interested in soccer, as well as their parents and coaches. Each chapter in this revised and updated edition covers a different element of the game - including shooting, passing, and more - while vivid full-color photographs and diagrams illustrate drills and games that can improve technique. This comprehensive guidebook contains updated material on developing agility, power, and strength and improving ball control and handling. The history and rules of the game are also examined, and a glossary lists soccer terms. Chapters of this guidebook include: Rules and Equipment; Training to Play; Passing; Receiving the Ball; Ball Handling; Shooting; Heading; Goalkeeping; Tactics; and, Restarts.

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