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Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Social anxiety can have a huge impact on the quality of life of teenagers, and can damage self-esteem, well-being and happiness. As well as this, it can get in the way of new relationships and cause problems in the relationships that people already have. It is quiet an art to make complex ideas appear simple. The authors have presented...

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- · Authored by Dr James Manning
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