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Moody Press,U.S., United States, 2011. Paperback. Condition: New. Original. Language: English. Brand New Book. In Jump Off the Hormone Swing, Lorraine Pintus shares openly about the inner tension a woman can feel at certain times of the month between wanting to love her neighbor on one hand, and wanting to strangle her and shoot her ugly dog on the other. While many books discuss the physical and emotional symptoms of hormones, this is the first to explore in depth...

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- Authored by Lorraine Pintus
- Released at 2011



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