



Lovin Each Day: Unleash Your Passions for a Life of Love, Health, and Happiness (Paperback)

By Dr Mike Smith

Babypie Publishing, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are you ready to shake off all of the feelings of mediocrity? Are you looking for a mid-life renaissance in your personal life and career? Are you looking for a way to build a life path filled with joy? Lovin Each Day shares Mike Smith s path to a joyful and fulfilling life. Learn what he discovered through trial and error about making positive changes to improve his physical, emotional, and spiritual health, and to build a remarkably happy personal life and successful career. In this book you will: -Gain Tools and Insights about Health, Family, Work, Passion and Balance -Learn How to Turn Around Negative Thoughts, Beliefs and Patterns -Discover What May Be Keeping You from Having a Healthier Happier Life -Learn How to Live a Life Filled with Happiness and Unbridled Passion -Discover New Ways to Create the Life You Truly Want to Live -A little gem! Read this book and you ll realize it s never too late to feel alive and pursue what you love.- - Dr. Joe Vitale, Multiple Bestselling Author and Featured Teacher from the...

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