



Decoding the Golf Swing Plane The Striking Plane Swing Model

By Xichao Mo

Paclinx. Paperback. Condition: New. 166 pages. Dimensions: 9.2in. x 6.0in. x 0.5in. This book will revolutionize the way you see and learn the golf swing! Did it ever occur to you that a swing plane doesn't even exist? Do you know that Mr. Ben Hogan didn't swing on the plane he wrote about? Can you imagine that the swing plane you have in mind may be the cause of your slice or shank? In an effort to clarify the misconceptions on the seemingly simple swing plane, this book reveals the truth and fundamentals hidden behind. Here is the shocking truth: there is no backswing or downswing plane in a conventional full swing, there is only the striking plane. The book introduces the Striking Plane Swing Model, which has been extracted from the swings of numerous great ball strikers in history. The model defines the essence of the swing and the proper sequence of club movement, and is based on the laws of classical mechanics and the knowledge of human anatomy. This book will show you why and how many of existing swing plane theories are flawed. A simple but accurate swing analysis method is also introduced and can be used to...

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