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TRUE TO YOUR ROOTS: VEGAN RECIPES TO COMFORT AND NOURISH YOU (PAPERBACK)



ARSENAL PULP PRESS, Canada, 2015. Paperback. Condition: New. Language: English . Brand New Book. Once the lonely, unattractive kin of sexier, more popular produce, root vegetables (along with tubers and rhizomes) finally get the love and attention they deserve in this inventive and far-reaching vegan cookbook. Instead of heavy stews and soups--the most common uses for root vegetables, in which they play mild-mannered backup to meat-centric ingredients--author Carla Kelly lets roots, tubers, and rhizomes shine on their own in recipes...

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- Authored by Carla Kelly
- Released at 2015



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Reviews

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