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Centre for Addiction and Mental Health, Canada, 1999. Paperback. Condition: New. Language: French . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Les groupes d introduction au processus de retablissement permettent aux clients de se preparer en vue du traitement de groupe. Introduction au retablissement aide le personnel des services de gestion du sevrage a animer des groupes de ce genre, pour permettre aux clients de s epanouir, de renforcer leur estime de soi et de prendre des decisions en connaissance de cause. Ce guide comprend dix modules psychoeducatifs: le sevrage et la prochaine etape, l intervention de groupe, le debut du retablissement, les 12 etapes, le mieuxetre, la nutrition, la relaxation, la spiritualite, les soins continus et le deni. Chaque module comprend: des renseignements generaux destines a l animateur; une serie de buts et d objectifs; une liste de normes a suivre pour les rencontres en groupe; un script de presentation; des fiches de travail pour encourager les clients a participer.



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