



Wheat Belly: Top Wheat-Free Desserts: With Over 220+ Grain Gluten-Free Dessert Recipes for Rapid Weight Loss with the Revolutionary Wheat Belly Diet (Paperback)

By Julian Moss

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Hundreds of Creative Wheat Gluten Free Dessert Recipes Await! Over 220+ Approved Grain Gluten-Free Dessert Recipes for Rapid Weight Loss Who says Wheat Belly means no sweets I find ways to add a little sweetness into my life every day! In fact, these Wheat-Free Desserts are way better than the sugar filled, processed ones, just try a recipe and you ll be hooked! These desserts are quick, simple and satisfying. They are also packed full of nutritious, metabolism-boosting and belly-fat-burning goodness! Introducing The Revolutionary Wheat Belly Diet - The Dessert Edition. Wheat Grains have been at the Heart of humankind s diet for a few thousands of years now. This cornerstone crop has been the foundation of civilization. This age-old agricultural tradition has been traced back more than 10 000 years by historians. But in the last few generations, something?s gone VERY wrong. The modern induction of GMO s as well as industrialised processing has given rise to a New Silent Killer. Purchase this book to find out scientifically proven practical strategies to repair the Destructive chronic illnesses that modern...



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