



## Double Duty: The Parents Guide to Raising Twins, from Pregnancy Through the School Years

By Christina Baglivi Tinglof

McGraw-Hill Education - Europe, United States, 2009. Paperback. Book Condition: New. 2nd Revised edition. 222 x 148 mm. Language: English . Brand New Book. Not 10, but 20 fingers and 20 toes! The classic guide to parenting twins-now completely updated and revised! You re excited to hear your baby s heartbeat during the ultrasound. But what happens when you hear two heartbeats instead of one? Having a baby can cause any parent to feel overwhelmed, and with twins those concerns are multiplied by two. Having twins is a unique experience, and expert Christina Tinglof brings you the fully updated essential guide to help you cope with any issue that can arise-from pregnancy through the school years. With multiple pregnancies becoming more common, the second edition of this timely book provides you with the much needed information, practical tips, and strategies for handling the everyday challenges of parenting twins. Double Duty includes: Up-to-date information on diagnosis and treatment of complications common to multiple pregnancies-plus dietary guidelines specific to a twin pregnancy The latest must-have products that simplify day-to-day life Survival tips and trouble-shooting techniques for the critical first month Tips on how to breastfeed or bottle feed two infants at once...



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