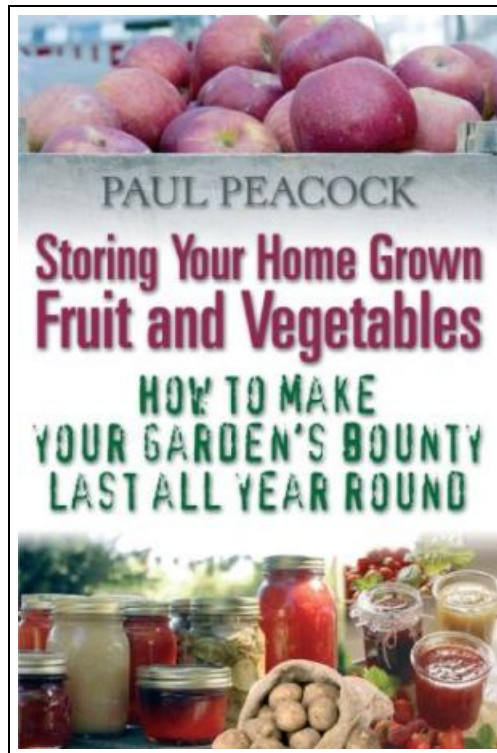


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STORING YOUR HOME GROWN FRUIT AND VEGETABLES: HOW TO MAKE YOUR GARDEN S BOUNTY LAST ALL YEAR ROUND (PAPERBACK)

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Little, Brown Book Group, United Kingdom, 2011. Paperback. Condition: New. UK ed.. Language: English . Brand New Book. If you grow your own food you will be aware that the job s not done when the harvest is gathered in. You have to make this bounty last all year through - until next year s crop replaces it. This book explains how to store food in the traditional way, and then goes one step further and shows how you can grow your food in a way that will ensure it is in the best state for storing - an art that is lost to many of today s gardeners and growers. The author focuses on methods by which the grower can keep vegetables and fruit for long periods without altering their fundamental form or flavour. From clamping to dark room storage, drying to bottling, shelving to curing, you will discover how to keep as much of your crop as you want for yourself. Contents: Introduction; 1. Extending the Growing Season; 2. How to Harvest; 3. Stopping Your Harvest from Spoiling; 4. Techniques: Clamps, Cellars and Sheds; 5. Techniques and Recipes for Preserving Food; 6. A-Z of Growing, Storing and Preserving Vegetables; 7. A-Z of Growing, Storing and Preserving Fruit; 9. Growing and Preserving Herbs for the Kitchen; Index.



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