

DOWNLOAD

## Boost Your Brainpower: Over 400 Puzzles, Games, and Brain Teasers to Boost Your Mind (Paperback)

## By Jackie Guthrie

Chartwell Books, 2017. Paperback. Condition: New. Language: English . Brand New Book. If riddles and puzzles pique your curiosity and start your mental juices flowing, you II have no problem honing your intellect on this collection of stumpers in Boost Your Brainpower. Your brain is a muscle, and just like other muscles, if you don t exercise it, you lose it. In this amazing collection, you II be sure to find more than 400 ways to keep your grey matter strong and fit. Keep it in Mind Get your memory in tip top shape with puzzles to test your ability to remember words, shapes, images, and the tiniest of details. Improve your Word Power Work the language centers of your brain! Plus you II find some tests to your general knowledge thrown in for good measure. Expand your Mind Do you know when your mind is deceiving you? Assess your visual and spatial capabilities through a variety of optical illusions, shape puzzles, and mazes. Reason it Out Test your deductive powers to the limit with a mix of number, word, and sequence puzzles. How fast can you think your way out of a complicated problem? Think Logically How good are...



## Reviews

*This created pdf is fantastic. Indeed, it can be perform, nonetheless an interesting and amazing literature. Its been developed in an remarkably straightforward way and is particularly simply following i finished reading this publication by which in fact altered me, alter the way i really believe.* -- Amanda Hand Jr.

A must buy book if you need to adding benefit. Of course, it is actually perform, still an interesting and amazing literature. I am delighted to explain how this is basically the best book i actually have read through during my individual life and may be he best book for at any time. -- Jarod Bartoletti