



The Chelation Controversy How to Safely Detoxify Your Body

By Gregory Poulos

Basic Health Publications. Paperback. Book Condition: New. Paperback. 60 pages. Dimensions: 8.1in. x 5.5in. x 0.5in. If you live in this modern world of ours, your body is being exposed to oxidizing chemicals and heavy metals such as aluminum, arsenic, cadmium, and lead on a daily basis. When your body starts accumulating toxins faster than it can eliminate them, it begins to store them in your tissues. These stored toxins initiate degenerative processes in your body that can lead to diseases such as cancer, heart disease, and arthritis. Chelating agents—substances that latch on to and carry toxins out of the body—can help you free yourself of this destructive load. In *The Chelation Controversy*, Drs. Gregory and Maile Poulos discuss the use of chelating agents, including those taken orally and those given intravenously. The authors also familiarize you with some of the controversy surrounding chelation therapy. In addition to a comprehensive guide to the big six heavy metals and a discussion on the harmful effects of oxidation, the authors cover the most common prescription IV and oral chelating agents. They also provide guidance on what to look for in an oral chelation formula and describe the nutritional substances and antioxidants that can...



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