

Tune In: Let Your Intuition Guide You to Fulfilment and Flow (Paperback)



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Reviews

The publication is great and fantastic. It is probably the most remarkable book i actually have read through. Its been printed in an exceedingly easy way and it is merely right after i finished reading through this publication where in fact altered me, modify the way i think.

(Tomas Witting)

TUNE IN: LET YOUR INTUITION GUIDE YOU TO FULFILMENT AND FLOW (PAPERBACK)



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Hay House UK Ltd, United Kingdom, 2013. Paperback. Condition: New. Language: English . Brand New Book. Being guided by your innate and powerful intuition is the secret to a more authentic, rewarding, fearless and compassionate life. But although Spirit is open to everyone, it requires discovery and nurturing. In Tune In, a revised and expanded edition of The Power of Your Spirit, world-renowned teacher and intuitive guide Sonia Choquette draws on over 35 years of helping others get in touch with their true Self and discover their soul's purpose. To help you tap into the flow, this dynamic, joyful guide gives you: A four-step plan that will allow you to awaken, surrender and flow with your Spirit Practical exercise to offer your Spirit room to grow, including breathing techniques, visualizations and journaling questions Advice on creating your own altar so that you have physical space in which to cultivate your daily practice Many more powerful stories of personal transformation drawn from Sonia's own life and from her clients. Whether you're just beginning to tap into your intuition or are already living in the flow, this book is now the best guide to your transcendent inner voice.



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