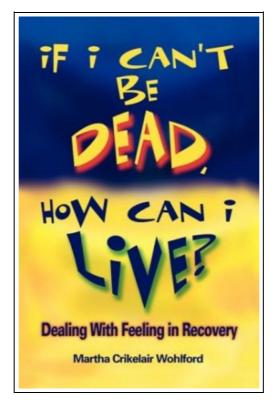
If I Can t Be Dead, How Can I Live? (Paperback)



Filesize: 8.51 MB

Reviews

It is an awesome ebook which i actually have at any time read through. It usually fails to charge excessive. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Dario Murazik IV)

IF I CAN T BE DEAD, HOW CAN I LIVE? (PAPERBACK)



Serenity Press, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is a book written from the heart to touch the heart. The purpose is to give support and hope to women in recovery, to dispel the fear of treatment, and to show how to deal with feelings without drinking or using drugs in everyday life situations. While the book primarily focuses on women, it is a helpful tool for anyone living a 12-Step program. It is a journey of recovery from awareness of the problem, through treatment and life after treatment. Anyone who thinks alcohol may be a problem in their life will identify with the women who share their stories, their innermost thoughts and feelings. Most important, the book gives suggestions for dealing with everyday situations as a sober, healthy person. The theme is simple: I can t, He can, I think I II let Him. In the course of writing the book, the manuscript was shared with several women in recovery and with a close friend who thought she might have a problem with alcohol but who was too frightened to go to A.A. Reading the first 60 pages gave her the courage to go to her first A.A. meeting and she s been sober ever since. So, before even going to press, the book was a success! Back Cover: Desperate, out of hope, afraid of dying yet afraid to live.covering up, making excuses, wanting to stop destructive behavior.every person who has known despair can relate to this book, but especially the woman alcoholic. It is written from the heart to touch the heart, a journey of recovery, from awareness through treatment and beyond, to everyday life situations. It s an upbeat testimonial of women sharing their innermost...



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