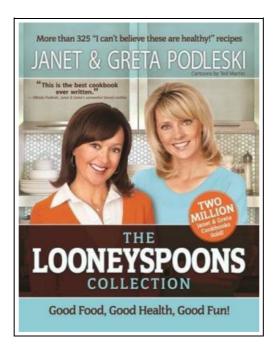
## The Looneyspoons Collection: Good Food, Good Health, Good Fun!



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## Reviews

This publication will be worth purchasing. It really is writter in simple terms instead of difficult to understand. Its been designed in an exceptionally simple way and is particularly only right after i finished reading this ebook in which basically modified me, alter the way i believe.

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## THE LOONEYSPOONS COLLECTION: GOOD FOOD, GOOD HEALTH, GOOD FUN!



Hay House Inc. Paperback. Book Condition: new. BRAND NEW, The Looneyspoons Collection: Good Food, Good Health, Good Fun!, Janet Podleski, Greta Podleski, Lick your lips and shrink your hips with "The Looneyspoons Collection"! Jam-packed with "the best of the best" Janet & Greta recipes.made even Better! It includes: Better carbs; Better fats; More fibre; Less sugar; Less salt; Same great taste that won't go to your waist! TLC features outrageously delicious, reader-favorite recipes from Janet & Greta's incredibly popular cookbooks Looneyspoons, one of Canada's all-time bestsellers; Crazy Plates, a James Beard Foundation Award finalist; and Eat, Shrink & Be Merry!, voted "Cookbook of the Decade 2000-2009" by Chapters/Indigo Books.plus Tons of new, Must-Try Recipes, including: Greta's Gluten-Free Miracle Brownies Chewy, moist, double-chocolate fudge brownies Honey, I Shrunk My Thighs! Mouthwatering, honey-garlic baked chicken thighs that will leave everyone begging for more Moroccan and Rollin' Quinoa Salad; the super-grain becomes super-scrumptious when paired with rockin' spices Pimped-Out Pumpkin Pie Pancakes; one taste and you'll say, "Thanks(for)giving me this fabulous recipe!" Diabetic? Looking for gluten-free or vegetarian options? Counting points? Cooking for finicky kids? "The Looneyspoons Collection" makes healthy eating delicious and fun for everyone! A feast for your eyes and your taste buds, TLC is overflowing with gorgeous, full-color food photos; hundreds of practical weight-loss, anti-aging and healthy-living tips; and, of course, a heaping helping of Janet & Greta's trademark corny jokes and punny recipe titles. "The LooneySpoons Collection" Good food, good health, good fun!.



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