



Alcohol: Dry September No Alcohol Top 20 Hacks: The Stop Drinking Coach. Stop Drinking for September. Plus Free Bonus Book, Alcohol Free Drinks at the End of This Book! (Paperback)

By Catherine Mason Thomas

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Also, don t forget to check the FREE bonus book, ALCOHOL FREE DRINKS at the end of this book! Dry September is a great challenge and you will feel massively good about yourself if you complete it. You may have misgivings or you may be one hundred per cent committed. You may have decided to do the challenge on a whim or because someone said you would not be able to do it. You may have been bounced into it or guilted into it. It does not matter how shaky or confident you are at the start, the prize is to complete this month alcohol free. I am going to show you the secrets to staying alcohol free for the whole month and how to do it effortlessly and joyously. How can I help you? Well, I am a qualified coach specializing in Stop Drinking and living alcohol free and experience rich. I am a leading writer of Stop Drinking books and am an Amazon Best-Selling Author in Self Help and Medical books. So, together, we can make sure...



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