



Well, Shut My Mouth!: The Sweet Potatoes Restaurant Cookbook (Paperback)

By Stephanie L Tyson

John F Blair Publisher, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book. Well, Shut My Mouth! The Sweet Potatoes Restaurant Cookbook is recipes--recipes from the restaurant, recipes from the families of chef Stephanie Tyson and co-owner Vivian Joiner, recipes that are Southern, plain and simple. In creating the recipes for Sweet Potatoes, Tyson used all of her influences Geechee flavor from Joiner s father, who was from the Hilton Head area of South Carolina; her mother s working-woman out of the can and into the pan shortcuts; and her training in culinary arts at Baltimore International College and her later work in South Carolina, the Florida Keys, Arizona, and Maryland. Just the names of the recipes in this book are enough to whet one s appetite: Pimento Cheese Fondue; Sweet Potato, Corn, and Country Ham Risotto; Gullah Shrimp and Crab Pilau; Slow Cooker Chocolate Stout Pot Roast; Down-Home Tata Salad; Molasses Dijon Dressing; Sweet Potato Bread Pudding with Pecan Crunch Topping; and many others. Most recipes include a bit of flavorful commentary from the chef, such as this tip for Spicy Greens: If you are faint of heart (burn), eliminate the red pepper altogether. Or the...

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