



## That Which Doesn't Kill Us Makes Us Frybread: Native Thoughts (Paperback)

By Aaron M Thomas

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Large Print. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Native American people have shown their resilience which comes from the spiritual and mental powers they have possessed over the centuries. Aaron Thomas, (Lummi Nation) challenges all people, but specially, Native people to move past resilience and into PRO-silience. Being prosilient means to not only get back to where we were prior to a life event (a death, a divorce, etc.) but to become better than we were prior to that event. Read each chapter carefully and put in time doing the exercises that come with the book. Your life will become much more focused as you complete each successful goal that you want to accomplish. This book is designed for people who want to truly live their greatest potential and want to help make their legacy for their children and grandchildren. Seeing life in a new way, trying new things will help you get past your obstacles and help you make the fluffiest, buttery, sweet fry bread out of that which doesn't kill you.

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