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8 WEIGHTS TO DROP TO WAKE UP TO YOUR BEST LIFE



Createspace, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.8 Weights to Drop to Live Your Best Life is a story of the author s journey from tragedy to triumph, of dropping over 70 lbs of physical weight and gaining an entirely new life. Exhausted, defeated, and in a yo-yo cycle of weight gain and loss, Cledra McCullers overcame heartbreak, her husband s infidelity, a devastating miscarriage...

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- Authored by Cledra McCullers
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