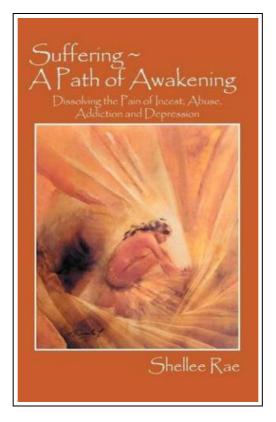
Suffering a Path of Awakening: Dissolving the Pain of Incest, Abuse, Addiction and Depression (Paperback)



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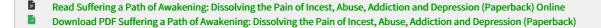
Reviews

This is actually the best ebook we have read till now. Indeed, it can be enjoy, nevertheless an interesting and amazing literature. You will not feel monotony at whenever you want of the time (that's what catalogs are for regarding should you question me). (Jamar Stracke)

SUFFERING A PATH OF AWAKENING: DISSOLVING THE PAIN OF INCEST, ABUSE, ADDICTION AND DEPRESSION (PAPERBACK)



Outskirts Press, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Suffering A Path of Awakening takes the reader on a 39-year journey of one woman s incredible life from a victim of sexual abuse, drugs, alcohol, and depression to the doors of death, into 12-step recovery, many spiritual paths and finally to full embodied awakening to Consciousness in August of 2008 with almost 11 years of sobriety. Similar to a pebble in a still lake, this book is more like a rock in a pond. Its ripples are great and they will touch the shores of many hearts almost immediately and in a profound way. Dive in wholly and feel the raw truth and vulnerability of this incredible real-life story. You can t help but to be inspired and deeply touched. This brave and heart-wrenching adventure will forever change the way you look at suffering and enlightenment. I am fascinated by this book.! It is very moving, sad, interesting, it brings so many feelings in the way the author tells the story that has to be told! I couldn t put it down. I finished the book thinking this is an Awakening material that everyone, teenager or adult MUST read! I have not read any explanation of the unity of the self with the universe with such flow of energy and so graphic; I could float! Esther Gonzalez, Graphic Artist, Orlando, FL WOW! This is one helluva book. I think that may be what happens when one lets the words coming from the creative brain pass through the heart before getting into print. Shellee Rae manages to create a mental and emotional linkage with the reader that is very strong. About three pages into the book, the power of her words and...



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