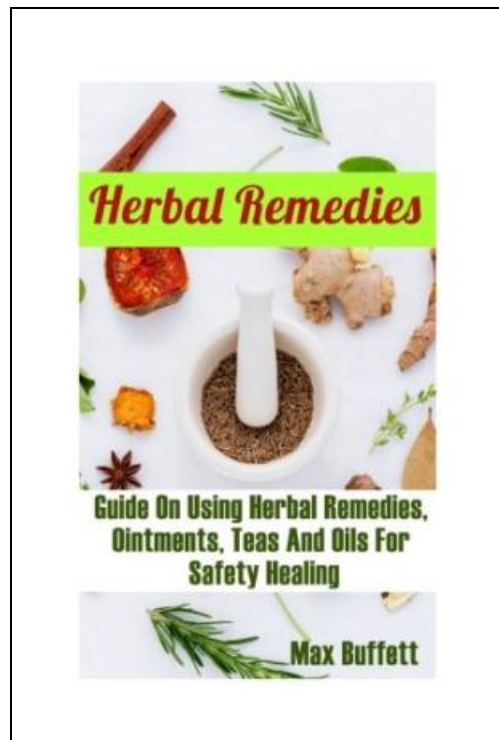


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HERBAL REMEDIES: GUIDE ON USING HERBAL REMEDIES, OINTMENTS, TEAS AND OILS FOR SAFETY HEALING: (DIY HERBAL MEDICINE, HERBAL REMEDIES MEDICINE) (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Herbal Remedies: Guide On Using Herbal Remedies, Ointments, Teas And Oils For Safety Healing This book, Herbal Remedies: Guide On Using Herbal Remedies, Ointments, Teas And Oils for Safety Healing is about how to use herbal treatment in a manner that is both effective and safe, beginning from the point of making the cure to the time you use it. There is a chance that many herbal treatments being peddled in the market have lost their potency, or they are minimally effective. Worse still, some could be bad for your health, owing to their shelf life, or even the manner in which they were handled in the process of preparing them. This guide takes you through the process of making herbal remedies, and it begins by instructing you the best plants to look for when you want to make effective and safe remedies. It then explains the various processes used in extracting the potent part of the herbal plant, showing you what favors you as an individual as opposed to the large organizations that produce herbal supplements en masse. Considering there are thousands of plants that can produce some therapy of one kind or another, it can be confusing to select what plants to rely on. This book diminishes that problem by highlighting the medicinal plants most commonly used, particularly in the US, and in addition, it indicates the specific ailments the herbs are capable of treating. Of even greater importance is the fact that this book points out the herbs that are sensitive to certain individuals, and guides you on how to use them. For example, you can straightaway see those herbs that you need to be cautious about because...



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