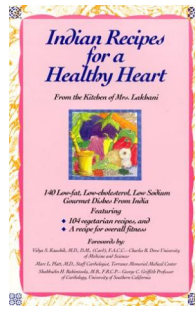


## Indian Recipes for a Healthy Heart: 140 Low-Fat, Low-Cholesterol, Low-Sodium Gourmet Dishes from India



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