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## POWER LEGS SCULPTED BACK: FIRED UP BODY SERIES - VOL 1 3: FIRED UP BODY (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Large Print. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Fired Up Body Series - Power Legs Sculpted Back: Fired Up Body Series - Vol 1 3 Paul Martin William O'Brien have over 27 years experience in health fitness and finally decided to open their vast array of knowledge to the public again. After many years of people asking the same questions, a collection of tried and tested exercises...

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- Authored by Paul Martin, Professor of Archaeology William O'Brien
- Released at 2017



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