



## Psychology of Aging: A Biopsychosocial Perspective (Paperback)

By -

Springer Publishing Co Inc, United States, 2018. Paperback. Condition: New. Language: English . Brand New Book. The only graduate text to encompass the full range of issues regarding the psychology of aging. This is the first graduate-level text that offers a comprehensive, in-depth chronicle of issues surrounding the psychology of aging emphasizing psychology, with a foundation in the biology, and an expansion into the sociological aspects of aging. The text is divided into three sections: biological underpinnings of aging, psychological components of aging, and social aspects of aging. Among the multitude of topics addressed are biological theories of aging, neuroimaging methods in aging research, neuroplasticity, cognitive reserve and cognitive interventions, a detailed overview of neurocognitive disorders in aging such as Alzheimer's disease and Lewy body disease, relationships in aging, work vs. retirement, cultural issues in aging, and aging and the legal system, to name just a few critical topics. With an emphasis on promoting critical thinking, the text is enriched with discussion questions in each chapter along with suggestions for more in-depth readings. In addition it includes chapter PowerPoints and an Instructor's Manual with sample syllabi for a 10-week course and a 15-week course. Written for graduate students in multiple...



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