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Color Tranquility: Calming Art Therapy Adult Coloring Book (Paperback)

By Autumn Walker

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Join the millions of adults around the world rediscovering the power of coloring. The simple joy and relaxation of coloring the intricate patterns in this book will transport you to the realm of serenity, creativity, and authenticity. Escape the hustle and bustle of the always on twenty-first century living by diving into the meditative peace of art therapy. Artist Autumn Walker s unique and original designs were created to transport you to the realm of relaxation, where stress melts away and your creative side can shine. With colored pencils, crayons, or brush-tipped markers, Color Tranquility lets you show your True Colors like never before! Includes 31 full page designs for you to color. Designs are intricate and calming. Each page is single-sided to eliminate bleed-thru and preserve your artwork. Contains a wide selection of designs of varying complexity. Each coloring page measures 8.5 inches high by 11 inches wide. Images for experienced colorists and first timers alike. Hours of mindfulness, relaxation, inner peace, and authentic, joyful creative expression.



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Reviews

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