



Tantric Awakening: Womans Initiation into the Path of Ecstasy (Paperback)

By Valerie Brooks

Inner Traditions Bear and Company, United States, 2001. Paperback. Condition: New. Original ed.. Language: English . Brand New Book. The autobiography of an American Gen-X woman who immerses herself in the sexual mysteries of tantric yoga. - An engaging insider s story that intimately portrays the details of the tantric sexual path from a young woman s point of view. - Author is one of the few Americans to be initiated into the sacred cobra breath. - Reveals not only the benefits but also the pitfalls, problems, and temptations of this path toward enlightenment. - Includes meditations and exercises for beginning a tantric practice. Tantric Awakening discloses an epic experience of tantra that few have achieved, and even fewer would dare to attempt. This is the story of a 19-year-old girl, disillusioned by the questions that her religion and society fail to answer, who courageously enters the sensuous rituals of tantric sex. In search of authentic knowledge, Brooks was admitted into secret societies where she learned firsthand the ways of the tradition from tantric adepts. Amid disapproval from family and friends, her body and spirit awaken to ecstatic levels of orgasmic pleasure that allow her to experience loving relationships, better...



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Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- Dr. Celestino Spinka III